

# SPORT STUDIES ROADMAP

We seek to nurture, develop and enable students' creativity and confidence with artistic, physical and technical capability. Through performance and participation, they enhance skills in communication, expression and reflection. We seek to cultivate emotional and cultural understanding and promote a healthy, active lifestyle.

This course provides an engaging and relevant introduction to the world of sport through a vocational setting. It incorporates outdoor adventurous activities, participation in sport, sporting values, hosting major sporting events, technology in sport, the role of NGBs practical sports performance and sports leadership. It enables you to develop and apply your knowledge, while also developing a range of relevant practical, communication and technical skills.

## Year 10 - Performance and leadership in sports activities

Topic Area 1: Key components of performance Topic Area 2: Applying practice methods to support improvement in a sporting activity Topic Area 3: Organising and planning a sports activity session Topic Area 4: Leading a sports activity session Topic Area 5: Reviewing your own performance in planning and leading of a sports activity session

<u>Increasing awareness of Outdoor and Adventurous Activities</u> Topics include: Topic Area 1: Provision for different types of outdoor and

adventurous activities in the UK Topic Area 2: Equipment, clothing and safety aspects of

participating in outdoor and adventurous activities

Topic Area 3: Plan for and be able to participate in an outdoor and adventurous activity

Topic Area 4: Evaluate participation in an outdoor and adventurous activity

PRODUCT

PROCESS

How is Sport Studies graded? There are seven grades that you can. They are: Level 1 pass – equivalent to a GCSE level 1 Level 1 merit – equivalent to a GCSE level 2 Level 1 distinction – equivalent to GCSE level 3 Level 2 pass – equivalent to a GCSE level 4

Level 2 merit – equivalent to a GCSE level 5.5 Level 2 distinction – equivalent to a GCSE level 7.5 Level 2 distinction plus – equivalent to GCSE level 9

#### Year 11

Contemporary issues in sport

In this unit students will learn about a range of topical issues in sport, from barriers faced to completing sporting activities, to the promotion of values and ethical behaviour, and the roles of high-profile sporting events, national governing bodies and technology in addressing them.

### Topics include:

Topic Area 1: Issues which affect participation in sport Topic Area 2: The role of sport in promoting values Topic Area 3: The implications of hosting a major sporting event for a city or country Topic Area 4: The role National Governing Bodies (NGBs) play in the development of their sport Topic Area 5: The use of technology in sport

Examination: 1 hour 15 minutes

## Routes Post 16:

- Technical Award Level 3 in Sport
- Post 16 Extra-curricular Sport
- Qualifications in Sport (Coaching, Officiating)