

THE P.P.E. FACULTY



KEY STAGE 4 PE ROADMAP

We seek to nurture, develop and enable students' creativity and confidence with artistic, physical and technical capability. Through performance and participation, they enhance skills in communication, expression and reflection. We seek to cultivate emotional and cultural understanding and promote a healthy, active lifestyle.

PROCESS

YEAR 10

Hockey

Apply skills of hockey to competitive situations to effectively play games following the rules appropriately and being able to officiate.

Fitness Activities

Devise a Personal Exercise Program aimed of aims to improve fitness outside of PE curriculum time.

Sports Leaders

Develop communication, self-belief, teamwork and problem solving through leading activities for Fernwood Primary students.

Invasion Games

Apply principles of attack and defence to effectively outwit opponents across a range of team activities.

Inter Tutor

Apply skills developed across year 10 to competitive situations competing in an intra school league.

Athletics

Develop specific training programs in relation to two events across track and field activities in preparation for Sports Day.

Striking and Fielding

Develop effective strategies to outwit opponents in a variety of striking and fielding activities.

YEAR 11

Inter tutor

Apply skills developed across Key Stage 4 PE to a range of competitive situations.

Fitness

Encourage students to develop habits that will lead to lifelong participation in fitness activities through a range of alternative activities including Yoga and Zumba.

Racquet Sports

Able to officiate their own competitions in a range of racquet sports to have the skills to participate they complete Key Stage 4.

Net games

Students develop understanding of how to officiate and play a range of net games to lead to possible lifelong participation.

Invasion Games

Students develop understanding of how to officiate and play a range of net games to lead to possible lifelong participation.

Routes Post 16:

- Have an understand on their weill-being of leading a healthy, active lifestyle.
- Know how to access a variety of sports and fitness activities.

PRODUCT

PERFORMING, RESPONDING, HEALTH AND MOTIVATION