Week 3

	MEAL OF THE DAY	VEGETARIAN MEAL OF THE DAY	SIDES	DESSERT	DAILY ALTERNATIVES
MONDAY £3.15	PORK TOAD-IN-THE-HOLE CONTAINS: WHEAT GLUTEN, EGG, MILK *WITH* SALAD *OR* GRAVY	VEGETABLE CHILLI CONTAINS: WHEAT GLUTEN *WITH* SALAD *OR* GRAVY	MASHED POTATO *OR* MIXED VEGETABLES	STICKY TOFFEE PUDDING	PASTA BAR CURRY BAR FRESH CHICKEN WRAPS CHEESE & ONION PASTY
TUESDAY £3.15	BEEF COBBLER CONTAINS: WHEAT GLUTEN *WITH* ROAST POTATOES	QUORN CASSEROLE *WITH* ROAST POTATOES	GREEN BEANS *OR* GRAVY	BRISTOL TART CONTAINS: WHEAT GLUTEN	PASTA BAR CURRY BAR FRESH CHICKEN WRAPS CHICKEN BURGER
WEDNESDAY £3.15	BEEF LASAGNE *WITH* GARLIC BREAD CONTAINS: WHEAT GLUTEN, DAIRY	VEGETABLE LASAGNE *WITH* GARLIC BREAD CONTAINS: WHEAT GLUTEN, DAIRY	SWEETCORN *OR* SALAD	JAM ROLY POLY CONTAINS: WHEAT GLUTEN	PASTA BAR CURRY BAR FRESH CHICKEN WRAPS SUB ROLL (FALAFEL OR CHICKEN)
THURSDAY £3.15	LAMB SHEPHERD'S PIE CONTAINS: MILK *WITH* ROAST POTATOES *OR* CARROTS	PEPPER PASTA IN A TOMATO SAUCE CONTAINS: WHEAT GLUTEN *WITH* ROAST POTATOES *OR* CARROTS	GARLIC BREAD CONTAINS: WHEAT GLUTEN *OR* SALAD	FRUIT SALAD	PASTA BAR CURRY BAR FRESH CHICKEN WRAPS VEGETABLE BURGER CHICKEN BURGER
FRIDAY £3.15	SALMON PASTA BAKE *OR* FISH *WITH* CHIPS CONTAINS: WHEAT GLUTEN	TOMATO PASTA BAKE CONTAINS: WHEAT GLUTEN *WITH* MEXICAN SALAD	MUSHY PEAS *OR* GARDEN PEAS	CARROT CAKE CONTAINS: EGGS, WHEAT GLUTEN	PASTA BAR CURRY BAR FRESH CHICKEN WRAPS PIZZA (CHEESE & TOMATO, SPICY BEEF OR PEPPERONI)

Lunchtime Meals (Main Meal, Side & Dessert) – £3.15
Sandwich Grab Bags (Sandwich, Fruit & Sweet) – £3.15
Main Meal Only – £2.00
Dessert Only – £1.20