



Personal Development Bulletin

Autumn Term

The PD Team felt that as a tutor/subject teacher it would be informative to give you an overview of the topics being explored during PD lessons each term. This may then be something you feel you could link with in tutor time or within your subject area.

Happy, Healthy and Safe

We focus on nurturing our young people to show empathy towards others, be a reflective learner, and to become a critical thinker. In PD lessons pupils are likely to take part in lots of discussions, hear from guest speakers, explore lots of scenarios, role play, challenge misconceptions and encounter lots of new information.

Year 7

What we have covered

Unit 1: Transition to secondary school & personal safety.

What we are covering now

Unit 2: Building relationships. Thinking about establishing and maintaining friendships, dealing with conflict.

Year 8

What we have covered

Unit 1: Drugs and alcohol – looking at prescription drugs, illegal drugs and alcohol. Thinking about peer influence, risk, addiction and the law.

What we are covering now

Unit 2: Digital Literacy – exploring gaming, gambling and online risk. Pupils listen to a Podcast by the Pintsize Theatre company looking at internet grooming.

Year 9

What we have covered

Unit 1: Peer Influence – looking at influences around drug taking, the impacts and risks. Also, focus is given to serious organised crime and gangs.

What we are covering now

Unit 2: Respectful Relationships – focus is given to friendships, working relationships, parents and siblings. Romantic relationships is looked at later in term 2.

Year 10

What we have covered

Unit 1: Thinking about my future – exploring employment sectors and the world of work. Giving opportunity to think about their values.

What we are covering now

Unit 2: Healthy Minds – looking at the signs and symptoms of mental ill health, where to get support.

Year 11

What we have covered

Unit 1: Building for the future – time spent writing CV's, looking at college applications

What we are covering now

Unit 2: Next Steps – 3 weeks of revision strategies and revision time, followed by interview skills and managing their online profile.

Parent Focus Group – last half term we ran our first parent focus group. A group to share our teaching resources with, get feedback and discuss perspectives on the needs of our children in relation to PSHE. We would like to expand this group, so please let Katie or I know if you have any suggestions of parents you think may be interested.

Parent guides – each half term Katie has put together a fantastic guide to PD that goes out to parents with links as to where they could get more information on a topic and questions they could use to explore ideas further with their child.